

## APPLICATION OF ESTRADIOL PATCHES

(Vivelle, Vivelle-Dot, Minivelle, Climara, Estradiol Transdermal System Patch)



Open the pouch carefully and apply the adhesive (sticky) side of the patch to a clean, freshly washed, dry, and hairless area with no cuts or skin irritations.

Areas for application are\*:



The lower area of the stomach, avoiding the waistline (where tight clothing may rub and remove the patch).



The upper quadrant of the buttocks or outer aspect of the hip.

\*Note: Do not apply the patch to areas exposed to sunlight

- Contact with water while bathing or swimming should not affect the patch.
- If the patch lifts off the skin, press firmly back into place. If the patch falls off, reapply it or apply a new patch and wear it for the rest of the scheduled period.

## REMOVING THE PATCH

Remove slowly to avoid skin irritation. If adhesive remains after washing, gently rub the area with an oil-based lotion or cream to remove the residue.

Carefully fold the used patch in half so that it sticks to itself. Discard out of reach of children or pets.

*For further instructions regarding Estradiol patches, see brand-specific prescribing information.*